

Upon Returning Home

1. Locate your house key before leaving car or before approaching house if walking.
2. If you find evidence of intrusion, leave or call the police.
3. If you observe a strange car or person on premises, leave and call police.
4. Enter cautiously and be alert.
5. If an intruder is in your house, leave immediately and call police.



S.A.F.E.

The UCF police department has started a new program geared for woman's self defense. This class also offers scenarios, information, and tips for reducing your risks of becoming a potential victim. For more information or to register for upcoming classes please contact the Community Relations office at 407-823-0258.



UCF Police

4000 Central Florida Blvd.
Bldg. 49
Orlando, Florida 32816

Phone: 407-823-5555
Fax: 407-823-5429
Email: policedept@mail.ucf.edu

PERSONAL SAFETY TIPS



University of Central
Florida Police
Department

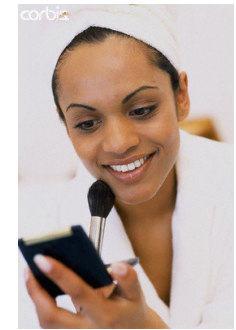
Things to think about...

While Walking/ Jogging.

1. Walk or jog with a known companion.
2. Stay in a familiar area
3. Avoid heavily wooded, poorly lighted or secluded area, especially if alone.
4. Don't wear radio or recorder earphones. If you do, only use one ear bud.
5. Walk or jog before dark.
6. Avoid areas that could provide concealment for an attacker.
7. Wear bright colored clothing to improve your visibility.
8. Vary your route and pattern.
9. Carry a whistle or high decibel battery powered personal alarm device when you jog or run.
10. If followed, go to the nearest residence, open business or group of people.
11. Carry your car or house key with you.
12. Try not to wear jewelry.
13. Leave your purse either at home or in the trunk of your car.
14. Let a friend know your return time.

While Alone at Home...

1. Woman living alone. Use first initial rather than first name on Mail box or phone book.
2. Relinquish only your car key to garage or parking lot attendants, etc. Always retain custody of house keys.
3. Be highly selective in whom you admit into your house. (Offenders are often friends or acquaintances of their victims).
4. Require identification of repairmen, servicemen, etc. (Offenders sometimes pose as phone repairmen, policemen, fire inspectors, etc.)
5. Do not let phone callers know that you are alone.
6. Keep doors and windows locked.
7. Keep shades or Drapes drawn after dark.



Preparing to go out

1. Determine the safest route to travel (the shortest route may not be the safest).
2. Inform your friends or family of destination, phone number at destination, and your expected time of arrival and return.
3. Inform the person whom you intend to meet the time you plan on being there.
4. Carry proper change for phone or emergency use. If you have a cell phone, make sure it's charged.
5. Leave at least two lights on in your house.
6. Leave outside entrance lights on.
7. Lock all windows and doors, including the garage door.
8. Do not hide keys in mail box, above door, under mat, etc.
9. Carry a small light source in your purse/ in your car.